# Green Banner reads 'HeartSmart Walks Free guided walks in the Chichester Dsitrict'

# Welcome to the HeartSmart Walks programme

**August to October 2024**



**Coast Walk**

**Taken by Sue, HeartSmart Walker**

**Booking Information**

* These walks are led by Volunteer Walk Leaders and are designed to cater for all ages and abilities. The walks offer opportunities to exercise and meet new people in a safe and friendly environment.
* Please [book online](http://www.chichester.gov.uk/article/34166/Book-a-HeartSmart-walk) where possible or via the telephone.
* If you are unable to attend, please ensure you cancel online (via the link on your confirmation email). **If you need to cancel on the day, please phone the office on 01243 521041 so the walk leader can be notified.**
* Up to 15 walkers per walk. If you turn up without having pre-booked you may not be able to walk with the group.
* Walks are available to book two weeks in advance, up until midnight the evening before the walk takes place. Particularly useful if you are watching the weather.
* If you would like to be informed about walk cancellations and changes then please email us and we can add you to our HeartSmart mailing list.

**Walk Information**

* All walks finish at their starting point unless otherwise stated. Please arrive 10 minutes before the walk is due to start.
* Timings and distances stated on the programme are approximate.
* Please inform the Walk Leader if you will be leaving the walk early. You must not attend a walk if you are unwell or have any Covid-19 symptoms.
* We recommend always bringing a mobile phone with the number below stored in case of emergency.
* Please note that the walks are smoke free. Dogs are welcome on walks unless otherwise stated but must be kept on the lead.
* Please be mindful of ticks, especially during the warmer months. You may want to check for ticks after your walk.
* If the weather is poor the walk may be cancelled. Please check with the office or website if unsure (office hours Mon-Fri 9am-4pm).

**Please read the walk description before joining the walk to ensure you are walking at the right level and distance for you.**

**Wear footwear appropriate for countryside walks and bring a drink of water.**

To book visit [the HeartSmart booking page](http://www.chichester.gov.uk/article/34166/Book-a-HeartSmart-walk)

or for further information contact the Chichester Wellbeing Team

🕿 01243 521041 – 🖂 health@chichester.gov.uk 🖰 [HeartSmart Booking](http://www.chichester.gov.uk/article/34166/Book-a-HeartSmart-walk)

## Note that paper copies are only printed once and are not updated with any amendments so please refer to online copy for most up to date list of walks.

**Arrive 10 minutes before the start of the walk, the walk will leave on time.**

### Thursday 1st August – 10.30am – Plaistow

**Leader:** Richard

**Duration:** 2 hrs**Distance**: 4.2 miles. Starting from the picturesque village of Plaistow, we walk along a quiet country lane before crossing fields with grazing sheep, walking through woodland, and finishing at the village stores, with arguably the best coffee in W Sussex. This is a reasonably level walk with countryside views, 5 or 6 styles. Sorry no dogs due to livestock.

**Meet**: On East side of village green opposite shop.

**By Car**: From Petworth take the A283 North, then after the ‘Stone Masons Inn’, take the right fork by the green to Balls Cross. Continue along this road, and then after you pass the village sign for Kirdford, take the next left sign posted to Plaistow. After entering village turn right past village green and park at East end of South side in view of shop. No Dogs on this walk please.

## Friday 2nd August – 10.00am – \*New Walk\* Longer Burpham

**Leader:** Jane

**Duration:** 4 hours **Distance**: 9 miles. This is a longer downland walk with beautiful views. Mixed terrain of downland, woods and quiet lanes and tracks. It is a hilly walk, generally good underfoot but could possibly be muddy in woodland. Bring something to eat and plenty of water. **No dogs please.**

**Meet:** The public car park behind the George at Burpham BN18 9RR.

**By Car:** Travelling east out of Arundel, take the first turning left after the railway bridge and follow the signs to Burpham village. The car park is accessed behind the pub.

## Tuesday 6th August – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

### Wednesday 7th August – 10.30am - Compton to Up Marden

**Leader:** Alison & Peter

**Duration**: 2.5 hours **Distance:** 6 miles A good walk along lanes and through woodland and fields. Two up-hills and one stile. Suitable for people who enjoy a faster paced walk.

**Meet:** Compton Recreation Ground Car Park

**By Car:** Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again on-to the B2146. Continue on the B2146 through West Marden and the recreation ground is on your right as you enter Compton.

## Friday 9th August – 10.30am – Petworth Park History

**Leader:** Gerald

**Duration**:1.5 hours **Distance**: 3 miles. A chance to have a guided tour of the history of Petworth Park over 1000 years. We will see and hear about all the main historic sites and how the Park has grown, and its use changed over the centuries, as well as hopefully see the deer.
**Meet**: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220.
**By Car**: 1 mile west from Petworth on A272 then in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road.

**Bus:** No.1 Midhurst or Worthing to Tillington///lifted.using.earlobes

Contact Gerald if uncertain on 07748 597 568. Dogs are welcome.

## Friday 9th August – 10.00am – Up Marden & East Marden

**Leader:** Jane

**Duration:** 3 hours **Distance:** 6 miles. A hilly walk with one particularly steep climb. Includes woodland and lovely open downland views. We take in the 2 downland villages of Up Marden, with its 13th century church, and East Marden. The path can be uneven and there are stiles.

**Meet:** Stoughton Down Car Park - Forestry Commission car park east of Stoughton on the sharp bend nearest postcode PO18 9JQ.

**By Car**: B2178 from Chichester, turning right at Funtington into Hares Lane and right again on-to the B2146. Turn right on to Walderton Stoughton Road, continue through the two villages until you reach the Forestry Commission car park on the right.

**No dogs please.**

## Monday 12th August – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Monday 12th August – 10.30am – Walk the England Coast Path - Pagham to RSPB Sidlesham

**Leader:** Jane
**Duration:** Approx. 2hrs **Distance:** Approx. 5.5 miles. A circular flat walk taking in lovely views of Pagham Harbour. There will be an opportunity for a quick stop at the Information centre, where drinks are sometimes available.

It can be uneven under foot and slippery if wet. 1 stile.

**Meet:** at the far end of Church Lane Pagham, where the road ends.

**By Car**: 600 bus or by car, take the B2145 Selsey Road from the A27, at the first roundabout take the Pagham Road B2166 all the way through Pagham Village. At Church Farm Holiday Park, go round the bend and continue to follow Church Lane to the end. There is parking in the lane. **No dogs please.**

## Tuesday 13th August – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** TBC no Richard or Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 14th August – 10.30am – \*New Walk\* Itchenor to West Witteing

**Leader:** Jane B
**Duration:** 2.5 – 3 hours **Distance:** 4 miles. This is a gentle circular walk starting at Itchenor, following the shoreside footpath and returning through fields. During the walk we will see glorious coastal sights and views of the South Downs. Generally good underfoot but some loose surfaces and tree roots. Toilets and refreshments available in Itchenor.
**Meet:** The Chichester Harbour Conservancy Car Park (this is a pay and display car park). PO20 7AE.
**By Car:** Travelling south out of Chichester, take the A286 signposted to the Witterings. At the first roundabout take the second exit onto the B2179. Take the first right onto Shipton Green Lane, signposted to Itchenor. You will find the car park on your left before you get to the shoreline.

## Friday 16th August – 10.30am – \*New Walk\* The Dover, Patching, Angmering Park Estate

**Leader:** Jane

**Duration:** 3 hours. **Distance:** 6.5 miles. This is a mainly flat walk but does have some gentle inclines. It has a mixture of woodland, fields and open downland views. There are 2 stiles. The woodland areas could be muddy. **No dogs please.**

**Meet:** The Dover car park.

**By Car:** Take the A27 east of Arundel. Go past the turning to Blakehurst and The Dover is a lane off the A27 signposted to The Dover and Chestnut Hospice and is approximately three quarters of a mile after the turn off to Blakehurst. The post code for the Hospice is BN18 9PX. Proceed up the lane past the Hospice and in a short distance you will find the car park on the right.

## Monday 19th August – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 20th August – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 21st August – 10.30am – Stansted Forest & Rowlands Castle

**Leader:** Peter & Alison

**Duration:** 2.5 hours **Distance:** 6 miles. A more strenuous longer walk using footpaths that criss-cross through woodland and grass meadows, with some fine views. There will be muddy stretches during winter months. Bring a snack for a short stop. No stiles. Suitable for people who enjoy a faster paced walk.

**Meet:** Stansted House Car Park PO9 6DX (use the first car park on the right)

## Wednesday 21st August– 10am – Wisborough Green

**Leader:** Louise
**Distance:** 7 miles **Duration:** 2.5-3 hours.A walk up Harsfold Lane over the Wey & Arun Canal, then right along the tow path and then follow the bridleway. Follow bridleway for 3/4 ish miles and then follow the Fittleworth Road. Follow the road for ½ mile and then along the bridleway and then along the footpath over the River Kird and walk back along the towpath back to Harsfold Lane and then back to Wisborough Green.A fairly level walk with some undulations and some muddy puddles to walk around. **NO DOGS SORRY**.

**Meet:** Park at the green in the laybys

**By Car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

**Please note – it may be changed if river has flooded through rainfall.**

## Thursday 22nd August – 10.30am – Slindon Village to Baycombe & Drencher Wood

**Leader:** Bruce
**Duration:** 2 hours **Distance:** 4.25 miles. Ascent 100m. Not strenuous. Takes in little visited paths through woods and up to Little Down with fine views of the Downs.
**Meet:** Slindon Top Road - Outside Slindon College SU960084 (Nearby postcode BN18 0RH )
<https://maps.google.com/maps?t=m&z=15&q=50.8679,-0.6366>
**By Car:** A27 eastward to A29. After 0.75 miles turn left onto Reynolds Lane which becomes School Lane and then Top Road.

## Friday 23rd August – 10.30am – Lavington Common to Graffham

**Leader:** Jane

**Duration:** Approx 3 hours **Distance:** 6 miles. A longer walk with stiles across heathland, woodland and commons and passing through Graffham. Please bring a snack for this longer walk. **No dogs on this walk please.**

**Directions:** Lavington Common Car park.

**By Car:** From Chichester take the A285 Petworth Road, just past Duncton village, take the first left Graffham Road and Lavington Common Car park is just under 1 mile on the right hand side.

## Friday 23rd August – 10.30am – Burton Mill

**Leader:** Richard

**Duration:** 1.5 hrs.  **Distance:** 3.5 miles. This walk is reasonably level with two or three stiles, with nice views over the lake and Sussex country side. There is a deck overlooking the lake which would be a nice place for a picnic if you wish.

**Meet:** in the car park adjacent to Burton Mill.

**Directions:** Travelling North up the Petworth Rd from Chichester, pass through Duncton, then turn right near the top of the hill after a long straight. (If you pass Chandlers builders Merchants you have gone too far!) Burton Mill is about a mile down there on the left hand side.

## Tuesday 27th August – 10.30am – North Mundham

**Leader:** Bruce
**Duration:** 2 hours 10 minutes **Distance:** 4.4 miles. Ascent 0m. On paths, one or two stiles.
**Meet:** North Mundham School Rec. SU875025 ( Nearby postcode PO20 1LA )
<https://maps.google.com/maps?t=m&z=15&q=50.8158,-0.7580>
**By Car:** B2166 to North Mundham. Turn north into School Lane (roughly opposite Church Road) the Rec. is 100 meters on the right.
**By Bus:** 600 from Chichester; stop near the primary school.

## Tuesday 27th August – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 28th August – 10.30am - Slindon

**Leader:** Alison & Peter

**Duration**: 2.5 hours **Distance**: Approx. 5.5 miles. A longer strenuous walk to the folly and through Slindon Woods, with some steep gradients. Will be muddy after wet weather. Suitable for people who enjoy a faster paced walk.

**Meet**: National Trust Car Park at Park Lane, Slindon BN18 0QY

**By Car**: Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. The car park is a short way along on the left.

## Friday 30th August – 10.30am - Cocking, SDW, West Dean

**Leader:** Jane

**Duration:** Approx 3.5 hrs **Distance:** 7.5 miles. A moderately strenuous hilly walk across downland and woodland, with wonderful views. Please bring a snack for this longer walk. **No dogs on this walk please.**

**Meet:** Cocking Hill car park, situated at the top of Cocking Hill on the A286 Chichester Midhurst Road.

**By Car:** Nearest post code GU290HT. No 60 Bus from Chichester.

## Monday 2nd September – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 3rd September – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Tuesday 3rd September – 10.30am – \*New Walk\* Graffham

**Leader:** Richard and Sue
**Duration:** 2 hrs, 15 mins **Distance:** 4.5 - 5 miles. Ascent 80m. A small stretch may be muddy. We walk around Graffham, Lavington Commons and Seaford College. Dogs will need to be on a lead for some of the time.
**Meet:** Graffham recreation ground. SU931176 (nearby postcode GU28 0QB)

EITHER from the south via A286 to Cocking.After 1 mile turn right into Bex Lane (signposted Heyshott, Graffham). Follow the signs to Graffham. After the White Horse Pub turn left into Graffham village. Look for the war memorial close to the Foresters Arms and the car park is down the lane next to the memorial.

OR from the south via A285 to Duncton. After 1 mile turn left signposted Selham, Graffham. After 1.4 miles turn left to Graffham. The recreation ground is down a lane by the war memorial close to the Foresters Arms. The Foresters Arms has a lovely garden in which to enjoy refreshments.

## Wednesday 4th September – 10.30am – Houghton Forest & Bignor Hill

**Leader:** Alison & Peter

**Duration:** 2 hrs 30 mins. **Distance:** 6 miles. Walking up through Houghton Forest and back along the South Downs Way with panoramic views in all directions. A fairly strenuous walk with two long uphill stretches. The flint path can be slippery in places. No stiles. Suitable for people who enjoy a faster paced walk.

**Meet:** Whiteways Car Park, BN18 9FD.

**By Car:** The car park is just north of the roundabout on the A29 between Slindon and Bury.

### Thursday 5th September – 10.30am – Lurgashall

**Leader:** Richard

**Duration:** 2 hrs 15 mins **Distance:** 5 miles.  A continuous ascent through woods and fields takes us to an elevated position with lovely views. Some stiles. We then return through Lurgashall winery, woodland and apple orchards to arrive back at the pub for welcome refreshment!

**Meet.** North side of the village green near ' The Noah's Ark' pub. GU28 9ET

**By Car:** from the Petworth to Milford Road, turn left before Northchapel, signposted to Lurgashall, and the green is about 1.5 miles.

### Fri 6th September – 10.30am – \*New Walk\* Walk the England Coast Path from Pagham to Selsey

**Leader:** Jane **Duration**: 5 hrs **Distance**: 9 miles. This scenic flat linear walk will follow the England Coast Path from Pagham Village to Selsey Life Boat Station. It will take in part of Pagham Harbour Nature Reserve and will include, fields, shoreline paths, quiet lanes and promenade. There is a short stretch of shingle. **Bring a drink and something to eat. There is little shade. No dogs please.**

**Meet:** By Pagham Beach Cafe PO21 4SX.

**To get there**: This walk returns by bus - you will need money/ bus pass.

**By 600 bus** from Chichester and get off at Pagham Parade - just after the Coop store. Cross the road and you will see the beach cafe to your right.

**By Car**, there is  Pagham Beach car park, usually free, occasional charges only, opposite the Pagham cafe.

Return by No 51 bus from Selsey to Chichester. If you are returning to Pagham, you will need to change to the 600 after Hunston to return to Pagham.

## Tuesday 10th September – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 11th September – 10.30am - West Marden

**Leader:** Alison & Peter

**Duration:** 2.5 - 3 hrs **Distance:** 6.5 miles. A walk from Stansted to West Marden via Walderton, including lanes and pleasant walking through woods and fields. It is a moderately strenuous walk with some gentle hills. Could be very muddy if there has been a lot of rain. Four stiles. Suitable for people who enjoy a faster paced walk.

**Meet:** Stansted House Car Park, P09 6DX (use first car park on right).

**By Car:** Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

## Wednesday 11th September – 10.30am – Fishbourne

**Leader:** Ian

**Duration:** 1 hr 15 mins **Distance:** 2.6 miles, circular walk. The walk is flat, but has some stiles, and since it is a coastal path - it is potentially muddy in parts. The walk includes Fishbourne Centre’s fields, the pond near the Bull’s Head, Fishbourne Channel’s western coastal path, and then some country paths and lanes back to the Fishbourne Centre.

**Meet:** Fishbourne Centre Car Park, PO18 8BE, off Blackboy Lane. What3words:

commit.stun.tests

## Thursday 12th September – 10.30am – \*New Walk\* Westbourne Monks Hill

**Leader:** Bruce
**Duration:** 2 hours **Distance:** 4 miles. Ascent 50m. Flat. We explore Holyybank Wood and Southleigh Forest.

Meet: Westbourne Monks Hill. Rec. SU755083 ( Nearby postcode PO10 8SZ )
<https://maps.google.com/maps?t=m&z=15&q=50.8696,-0.9276>

By Car: Take the B2146 towards Funtinton. After Aldsworth take th second left onto Monk's Hill.
Park at the rec after 0.3 miles. Phone: 07708 311487

## Monday 16th September – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 17th September – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 18th September – 10.30am – Cocking

**Leader:** Alison & Peter

**Duration:** 2 hrs 30 mins**Distance**: 6.5 miles. A lovely ramble along the paths of West Dean woods. A moderately strenuous longer walk with some steep gradients. Will be muddy if it has rained recently. Suitable for people who enjoy a faster paced walk.

**Meet**: Cocking Hill car park (nearest postcode GU29 0HT)

**By Car**: A286 Chichester - Midhurst road

**Bus:** No 60 from Chichester every 30 mins.

## Wednesday 18th September – 10am – Wisborough Green

**Leader:** Louise
**Distance:** 6.5 miles **Duration:** 2.5-3 hours.A walk up Harsfold Lane over the Wey & Arun Canal to Lee Place then via bridleways and footpaths to Lordings Lock. A walk with uphill and downhill parts, 3 stiles – it should be fun.

**Please note – it may be changed if river has flooded through rainfall. NO DOGS SORRY**.

**Meet:** Park at the green in the laybys

**By Car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side, follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

## Wednesday 18th September – 10.30am – Chichester Marina to Dell Quay

**Leader:** Jane B

**Duration:** 2.5 hours. Distance: 4.5 miles. This is circular walk, taking in one of the largest marinas in the country and the tiny village of Dell Quay, which used to be a busy commercial port and has connections to Roman Chichester. Generally good underfoot but some loose surfaces and tree roots. There are toilets and refreshments available in the Marina.

**Meet:** The Chichester Marina Visitors Car Park (this is a pay and display car park). PO20 7EJ.

**By Car**: From the A27 take the A286 south of Chichester towards the Witterings. After about 2 miles turn right into Chichester Marina. The visitor’s car park is the first one you come to on the right.

## Thursday 19th September – 10am – \*New Walk\* The Dover, Angmering Park

**Leader:** Phil and Keith
**Distance:** 5.2 miles **Duration:** 2.5 hours.Circular walk to Barpham Hill trig point, taking in spectacular scenery, wooded paths and open farmland, kites and buzzards should be in view. May be 1 stile if a gate is locked.

**Meet:** off A27 Eastbound near Poling. Dover Lane has a post code of BN18 9PX, the car park can be found at the top of the lane, and has a what three words reference of profile.cheetahs.engulfing

## Friday 20th September – 10.30am – Tillington’s Mini Stately Home Pitshill House

**Leader:** Gerald

**Duration**:1.5 hours **Distance**: 3 miles. This lovely walk is via the Tillington vineyards & then to see the outside of Pitshill House, Tillington's mini Stately Home. It won the 2017 Georgian Group's top Architectural Award, and was awarded second prize in the 2017 Historic Houses Association Restoration Awards. Time to pause and admire this mini Stately Home. Firm and pleasant going.
**Meet**: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220.
**By Car**: 1 mile west from Petworth on A272 then in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road. Leader: Gerald on 07748 597 568 on day of walk only.

**Bus:** No.1 Midhurst or Worthing to Tillington///lifted.using.earlobes Dogs are welcome.

### Fri 20th September – 10.30am – Iping, Stedham & Woolbeding

**Leader:** Jane

**Duration:** 2.5hrs – 3hrs **Distance:** 6.75 miles. A longer walk with stiles, taking in Iping and Stedham Commons and the River Rother. **No dogs on this walk please.**

**Meet:** Iping Common Car Park SU852220. GU29 0PB

**By Car:** A286 to Midhurst, at mini roundabout in the town, turn left onto A272 towards Petersfield. After 2 miles turn left into Elsted Road (signposted Elsted/Harting) and the car park is on the right hand side.

**By Bus:** 92 from Midhurst Bus Station to Elsted Road.

## Monday 23rd September – 10.30am - Emsworth to Langstone

**Leader:** Jane

**Duration:** 2hrs **Distance:** Approx. 4.5 miles. Lovely flat shoreline walk, no stiles. Can be a little slippery and muddy underfoot. There will be an opportunity for a coffee stop. **No dogs please.**
**Meet:** Emsworth Town Square. PO10 7AW

**By Car**: Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. Please put sufficient money in the Emsworth car park so you don’t have to rush back.

**By Bus:** 700

## Tuesday 24th September – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 25th September – 10.30am – River Arun to The Stokes

**Leader:** Alison & Peter

**Duration:** 2 hrs 30 mins **Distance:** 4.8 miles. A lovely walk along lanes and through woods via the villages of North and South Stoke. It will be muddy in places if it has rained recently. Two stiles.

**Meet:** Amberley Station Car Park, BN18 9LR

**By Car:** A27 to Fontwell, A29 to Whiteways roundabout then B2139 to Amberley.

## Friday 27th September – 10.30am – \*New Walk\* Northwood Slindon and Madehurst

**Leader:** Jane

**Duration:** 3 hours. **Distance:** 7 miles. This is a lovely 7 mile walk with some ascent. It includes open downland, quiet lanes and woodland. Could be muddy in the woodland areas. **No dog please.**

**Meet:** Northwood Cottages Nearest post code BN18 0RL

**By Car:** There are several routes to Slindon, but from the Village Forge Cafe, continue up Church Hill to Slindon College, just past the College turn right on to Nore Wood lane. Follow for 1 mile and the car park is at the end.

## Monday 30th September – 10.30am - Emsworth to Nutbourne

**Leader:** Jane

**Duration**: 3 hrs **Distance:** 6 miles. A flat walk taking in Emsworth Slipper Millpond, the villages of Prinsted and Nutbourne and the shoreline of Chichester harbour. It can be slippery if muddy. Lovely harbour views. **No dogs please.**

We will return by Thornham Marina where there is an optional coffee stop

**Meet:** Meet Palmer Road car park North Street Emsworth, which is a pay car park. PO10 7DB.

**By Car:** From the Emsworth town roundabout, turn right into North Street and the car park is behind Tesco Express on the right hand side.

## Monday 30th September – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 1st October – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Tuesday 1st October – 10.30am – Halnaker Windmill

## \*New Walk\*

**Leader:** Richard and Sue
**Duration:** 2hrs 45mins **Distance:** 5.5 - 6 miles. Ascent 106 m. A small stretch may be muddy. Dogs welcome, but they will need to be on a lead when crossing the road.

We start from Boxgrove Village Hall and walk over the road to the open field that leads around the Tinwood Estate Vineyards. We will then walk under a wooded pathway towards the turning, through another field until we come to the road. Once we cross the road, we will walk towards Halnaker Windmill. Once at the top, we can stop for a water break and to soak up the lovely views of the surrounding area.We then return and complete the circular route back to the carpark. At the end of the walk there is a choice of either stopping at the Tinwood Estate coffee shop / winery to sit out on a nice day, with views of the vineyard. Or to go to the Angelsea Arms pub in Halnaker, in which to enjoy refreshments.
**Meet:** Boxgrove Village Hall, PO18 0EE

## Wednesday 2nd October – 10.30am – Singleton to West Dean

**Leader:** Peter and Alison

**Duration:** 3-3.5 hours **Distance:** 7 miles. A longer strenuous walk, starting with a steep climb up Levin Down and going across to West Dean through woods and along lanes. A steep descent down Hat Hill back to Singleton to finish. Some uneven paths. There are two stiles. Suitable for people who enjoy a faster paced walk.

**Meet:** Outside Singleton C of E Primary School, PO18 0HP

**By Car:** Take the A286 from Chichester to Singleton and turn right onto Charlton Road. The school is just past the Partridge Inn PH on your left. Roadside parking available opposite the school or in the village.

**Bus:** No 60 from Chichester every 30 mins.

### Friday 4th October – 10.30am – Stoughton Down

**Leader:** Jane

**Duration:** 2 hrs 30 mins **Distance:** 5.5 miles. This is not suitable for beginners. It is a hilly walk with great views but can be muddy and slippery in places. **No dogs on this walk please.**

**Meet:** Stoughton Down Car Park - Forestry Commission car park east of Stoughton on the sharp bend nearest postcode PO18 9JQ.

**By Car:** B2178 from Chichester, turning right at Funtington into Hares Lane and right again on-to the B2146. Turn right on to Walderton Stoughton Road, continue through the two villages until you reach the Forestry Commission car park on the right.

## Monday 7th October – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 8th October – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 9th October – 10.30am – Chidham Peninsula

**Leader:** Alison & Peter

**Duration:** 2 hrs 30 mins **Distance:** 5 miles. A flat walk with some of the best panoramic views of the harbour. Some beach walking which will be muddy and there is also a steep-sided ditch which can be slippery in wet conditions.

**Meet:** Cobnor Farm Amenity car park, Chidham Lane, PO18 8TD.

**By Car:** Take the A259 towards Emsworth and turn south into Chidham Lane. The car park is on the left after approx. 1 mile (if you reach the sign for Cobnor House you have gone too far).

### Wednesday 9th October – 11am – Bosham Harbour and Village – Wheelchair Friendly & Easy Access

**Leader:** Ian

**Duration:** 45 mins Distance: 1.5 miles, flat surface, no stiles. A circular walk

through historic Old Bosham and along its scenic harbour front.

**Meet:** Bosham Car Park, PO18 8HZ, at the bus stop near Bosham Public

Toilets. What3words: noses.range.deflation

**By Car:** Number 56 bus from Chichester to Bosham Car Park

Bosham is 4 miles west of Chichester, via the A259, then Delling Lane, then right

into Bosham Lane.

**By Bus:** 700 to the “White Swan Roundabout” or 56 to Bosham Car Park.

## Wednesday 9th October – 10am – Wisborough Green

**Leader:** Louise
**Distance:** 6.5 miles **Duration:** 2.5-3 hours.We follow the Kirdford Road for about 1 mile then through a Nature Reserve, cross the road and follow the footpath uphill to a bridleway, turn right and follow the bridleway for about 2 miles. At the junction we turn left and follow the footpath out to the dog training school, then the bridleway along the side for 2 miles. Then turn right and follow the bridleway back to the junction where we turn left. Then walk down the bridleway to the road about 1.5 miles turn right and then walk up the road, turn left and back down Kirdford Road to the cars. All in all about 6.5-7 miles. **Please note – it may be changed if river has flooded through rainfall.**

**NO DOGS SORRY**.

**Meet:** Park at the green in the laybys

**By car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

## Thursday 10th October – 10.30am – Lavington Common

**Leader:** Bruce
**Duration:** 2 hours **Distance:** 4 miles. Ascent 90m. A walk taking in the best of our heathland and woods.A few stiles.
Meet: Lavington Common Car Park. SU949187 ( Nearby postcode GU28 0QL )
<https://maps.google.com/maps?t=m&z=15&q=50.9599,-0.6501>
By Car: From the A285 take the Graffham turning and follow the road for approx. 1 mile and you will see the car park on the right hidden in the pines.
If you reach the cross roads you have gone too far.

## Saturday 12th October – 10.15am – Graylingwell



**Leader**: Sarah

**Duration:** Approx. 40 mins **Distance** 1.25 miles. A flat walk at a gentle pace, enjoying the history of Graylingwell Park and surrounding areas, the buildings, trees & wildlife.

**Meet**: Outside the Pavilion glass building looking onto Havenstoke Park, formerly the Linden Homes site marketing suite. Parking is very limited around the park and chargeable, please walk, use public transport or car share.

## Monday 14th October – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 15th October – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Wednesday 16th October – 10.30am – \*New Walk\* Stansted House and Racton Monument

**Leader:** Jane B

**Duration:** 3 hours. Distance: 5 miles. This is a circular walk, taking in Racton Tower, the wooded park land of Stansted House, and fields and pastures. Come along and find out the history to the tower and it’s users.

Lovely views over to Chichester Harbour and Kingsley Vale. There are toilets and refreshments at the garden Centre.

Generally good underfoot but some loose surfaces, and muddy tracks (weather depending).

**Meet:** Stansted Garden Centre Visitors Car Park (free parking). First on the left before the main garden centre car park. PO9 6DU

## Thursday 17th October – 10.30am – \*New Walk\* Kithurst Hill

**Leader:** Phil and Keith
**Duration:** 2 hours. **Distance:** 4 miles. A circular walk starting at the car park at the top of the South Downs. Taking in some of the South Downs Way to a view point, and then drifting off on wooded paths, finally returning to the car park through open chalk farm lands. No stiles.
**Meet:** Kithurst Hill car park, between Amberley and Storrington. RH20 4HW

**By Car:**A small lane will take you to the top off the B2139. What 3 words: partied.juices.universes

## Friday 18th October – 10.30am – Goodwood to East Dean

**Leader:** Jane

**Duration:** 3 hours **Distance**:6 miles. A hilly walk-through woodland and fields, taking in the village of East Dean. There are stiles and it could be muddy in places. **No dog please.**

**Meet:** Counters Gate Car Park Goodwood. Head towards Goodwood Racecourse PO18 0PS, turn onto Racecourse Road, proceed for about half a mile and you will find Counters gate car park on your right, before the turning to East Dean.

## Monday 21st October – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Monday 21st October - Pagham Harbour to Runcton (option to walk back to Pagham)

**Leader:** Jane

**Duration:** 2-2.5 hours **Distance:** 5 miles. This is a flat walk through quiet lanes and fields, finishing at The Walnut Tree Runcton for an optional coffee/refreshments. Return to Pagham by 600 bus or there is an option to walk back. **No dogs please.**

**Meet:** At the end of Church Lane, Pagham where the road ends.

Either by 600 Bus or by car meet at the end of Church Lane where the road ends, where there is some parking. Alternative parking is available further up Church lane or in Sea Lane. Take the Pagham Road through Pagham village, past Church Farm Caravan park and continue to the end of Church Lane.

## Tuesday 22nd October – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Louise
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

## Tuesday 22nd October – 10.30am – \*New Walk\* Graffham

**Leader:** Richard and Sue
**Duration:** 2 hrs, 15 mins **Distance:** 4.5- 5 miles. Ascent 80m. A small stretch may be muddy. We walk around Graffham, Lavington Commons and Seaford College. Dogs will need to be on a lead for some of the time.
**Meet:** Graffham recreation ground. SU931176 (nearby postcode GU28 0QB)

EITHER from the south via A286 to Cocking.After 1 mile turn right into Bex Lane (signposted Heyshott, Graffham). Follow the signs to Graffham. After the White Horse Pub turn left into Graffham village. Look for the war memorial close to the Foresters Arms and the car park is down the lane next to the memorial.

OR from the south via A285 to Duncton. After 1 mile turn left signposted Selham, Graffham. After 1.4 miles turn left to Graffham. The recreation ground is down a lane by the war memorial close to the Foresters Arms. The Foresters Arms has a lovely garden in which to enjoy refreshments.

## Wednesday 23rd October – 10.30am – Eartham

**Leader:** Alison & Peter
**Duration:** 2-2.5 hrs **Distance:** 5.5 miles. A walk through Eartham Woods, coming back along Stane Street. No stiles. Suitable for people who enjoy a faster paced walk.

**Meet:** Forestry Commission Car Park, Eartham

**By Car:**  Take A27 east from Chichester. Half a mile before Fontwell turn left following signs to Eartham. Pass The George PH and continue north to the car park on your right.

## Wednesday 23rd October – 10.00am – Onslow Arms, Loxwood

**Leader:** Louise

**Distance:** 5.5 miles  **Duration:** 2.5 - 3 hours – **no dogs sorry**. A fairly level walk, 2 stiles, muddy puddles to walk around.

**Please note – it may be changed if river has flooded through rainfall.**

**Meet:** in the car park behind the Onslow Arms

**By Car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood.

## Thursday 24th October – 10.30am – Petworth Park – Deer & “The Rut”

**Leader:** Gerald

**Duration**:1.5 hours **Distance**: 3 miles. Hopefully we’ll see the famous 'Rut' (mating period) in Petworth Park. See the older & stronger bucks defend their harem of does. Certainly we will see some deer. Binoculars can be useful.
**Meet**:  The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220.
**By Car**: 1 mile west from Petworth on A272 then in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road. Leader: Gerald on 07748 597 568 on day of walk only. ///lifted.using.earlobes

**Bus:**  No.1 Midhurst or Worthing to Tillington Dogs sadly are not welcome this time.

## Thursday 24th October – 10.30am – Portsdown Hill Fort Widley

**Leader:** Bruce
**Duration:** 1 hour 45 minutes **Distance:** 3.5 miles. Ascent 100m. Lovely panoramic views to the north and south of Portsdown Hill with a circuit of the fort.
**Meet:** Portsdown Hill - Car Park past The Churchillian on Widley Walk. SU659064 ( Nearby postcode PO6 3LS )
[https://maps.google.com/maps?t=m&z=15&q=50.8541,-1.0639](https://url.uk.m.mimecastprotect.com/s/M7dGC1YPyf0085FYm5wL?domain=maps.google.com)
**By Car:** Take the B2177 from Bedhampton. Turn right at the Churchillian Pub into Widley Walk and the public car park.

## Monday 28th October – 10.30am – \*Suitable for Beginners\* Chichester Canal

**Leader:** Sarah
**Duration:** 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.
**Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT.
**By Car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

**By Bus:** 5-minute walk from Chichester Bus Station.

## Tuesday 29th October – 11am – \*Suitable for Beginners\* Midhurst Jubilee Walk & South Pond

**Leader:** Richard
**Duration:** 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.
**Meet:** The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.
**By Car:** Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

**By Bus**: The Grange is served by a good bus service.

### Thursday 31stOctober – 10.30am – Graffham

Leader: Richard
**Duration:** 2 hrs **Distance:** 4.4 miles. This walk passes through woodland and open countryside with fine views of the South Downs. Reasonably level and easy walking with one 200 yd ascent. Some stiles.

**Meet:** In the car park along the Lane adjacent to the War Memorial. 50 yds to the South of the 'Foresters Arms' GU28 0QA.

**By Car:** from Chichester to Petworth Rd turn left off long straight North of Duncton signed Graffham. Turn left after about a mile to Graffham and you will see The Foresters’ Arms on the left, followed 50yds on by the war memorial with the car park situated up the adjacent lane.

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